

# OCTOBER

VACAVILLE UNIFIED SCHOOL DISTRICT (YEAR 2001-2002)

Café Choices Menu available every day

All lunch entrees include the following choices:

**Garden Choices Food Bars:** A variety of fruit & vegetable selections for students to self serve everyday

**100% Fruit Juice:** Choice of: Orange, Apple, or Grape

**Milk Choices:** Choice of: 1% Lowfat Chocolate or 2% Lowfat Unflavored



MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY PRICES: FULL LUNCH \$1.50

REDUCED: LUNCH \$.40

|   |  |   |  |  |
|---|--|---|--|--|
| 1<br>FOSTER FARM<br>CORN DOGGY***<br>OR<br>LOS CABOS BEEF<br>SOFT TACO                                  | 2<br>SUPERSLICE CHEESE<br>PIZZA*<br>OR<br>BREADED BEEF<br>DINO BITES             | 3<br>CHEESEBURGER<br>MINI TWINS<br>OR<br>CHICKEN NUGGETS                                | 4<br>CHEESE NACHOS<br>OR<br>CHICKEN TAQUITOS<br>DIPPIN SALSA<br>and<br>DANNON DANIMALS<br>YOGURT CUP         | 5<br>JOSE OLE BEAN &<br>CHEESE<br>BURRITO<br>OR<br>SHARKS AND<br>WHALES<br>SEA TREASURES**           |
| 8<br>GRILLED CHEESE<br>SANDWICH*<br>OR<br>TYSON DIPPIN<br>CHICKEN DINOSAUR<br>CHUNKS                    | 9<br>FOSTER FARM<br>CORN DOGGY***<br>OR<br>SUPERSLICE CHEESE<br>PIZZA*           | 10<br>GRILLED HAM &<br>CHEESE<br>SANDWICH<br>OR<br>CHICKEN NUGGETS                      | 11<br>CHEESE NACHOS*<br>OR<br>TURKEY EGGROLL<br>and<br>DANNON DANIMALS<br>YOGURT CUP                         | 12<br>WIENERSCHNITZEL<br>CHILI<br>CHEESE DOG*****<br>OR<br>BEEF CRUNCHY<br>TACOS<br>(Build your own) |
| 15<br>BRUNCH LUNCH<br>BAGEL FRENCH<br>TOAST<br>& SAUSAGE<br>LINKS(2)****<br>OR<br>CHEESE<br>QUESADILLA* | 16<br>TACO TWIN<br>STICKS*****<br>OR<br>SUPERSLICE CHEESE<br>PIZZA*              | 17<br>BEEF HOT DOG ON<br>W/W BUN<br>WITH BEANS<br>OR<br>CHICKEN NUGGETS                 | 18<br>CHEESE NACHOS<br>OR<br>UNCRUSTABLE<br>PEANUT<br>BUTTER & JELLY<br>and<br>DANNON DANIMALS<br>YOGURT CUP | 19<br>LOS CABOS BEEF<br>SOFT TACO<br>OR<br>TYSON DIPPIN<br>DINOSAUR CHICKEN<br>CHUNKS                |
| 22<br>JOSE OLE BEAN &<br>CHEESE<br>BURRITO<br>OR<br>FOSTER FARM<br>CORN DOGGY***                        | 23<br>BREADED BEEF<br>FINGERS<br>WITH BEANS<br>OR<br>SUPERSLICE CHEESE<br>PIZZA* | 24<br>CHICKEN PATTIE<br>ON W/W BUN<br>OR<br>GRILLED CHEESE<br>SANDWICH*                 | 25<br>CHEESE NACHOS*<br>OR<br>CHICKEN TAQUITOS<br>DIPPIN SALSA<br>and<br>DANNON DANIMALS<br>YOGURT CUP       | 26<br>ARDELLA'S 7"<br>FRENCH<br>BREAD PEPPERONI<br>PIZZA<br>OR<br>CHICKEN NUGGETS                    |
| 29<br>CHEESEBURGER<br>MINI TWINS<br>OR<br>TACO TWIN<br>STICKS*****                                      | 30<br>LI'L DOUBLE DOGS****<br>OR<br>SUPERSLICE CHEESE<br>PIZZA*                  | 31<br>HAMBURGER ON<br>W/W BUN<br>OR<br>CHICKEN NUGGETS<br>KELLOGG RICE<br>KRISPIE TREAT |  |  |

### PREPAYMENTS:

Parents/Guardians can ensure that their child receives a "Choices lunch" by pre-paying lunches. Students who pay in advance are not required to eat every day.

They will receive credit and can use that credit on days they eat. Please list your child's name on the check, and the number of meals you are pre-paying. The cafeteria staff will let your child know when he/she has three lunch prepayments remaining.

#### Lunches at \$1.50

|     |         |
|-----|---------|
| 5=  | \$7.50  |
| 10= | \$15.00 |
| 15= | \$22.50 |
| 20= | \$30.00 |
| 30= | \$45.00 |

#### Lunches at \$.40

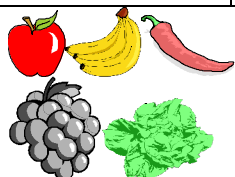
|     |         |
|-----|---------|
| 5=  | \$2.00  |
| 10= | \$4.00  |
| 15= | \$6.00  |
| 20= | \$8.00  |
| 30= | \$12.00 |

### THE POLICY FOR FORGOTTEN LUNCH:

When a student forgets lunch money, the cafeteria staff will ensure that he/she receives a bag lunch containing a Sandwich, Fruit & Milk for minimum of 3 days. At which time your child will be reminded he/she will need to prepay. or to please bring money. This procedure is to assure that no student goes without lunch.

Brenda Padilla, Child Nutrition Director, 453-6155

- \* No Meat, Contains Cheese
- \*\* Trout
- \*\*\* Contains Turkey
- \*\*\*\* Contains Pork
- \*\*\*\*\* Contains Chicken
- \*\*\*\*\* Contains Beef and Pork
- \*\*\*\*\* Contains Beef



5-A-DAY  
THE HEALTHY  
WAY

